ForexTerminals
Potions & Caravan Provisions Guide

HP & MP Potions (Archmage Vesper)
HP Meats & MP Cakes (Sera & Aldric — Traveling Merchants Caravan, the Tavern)
How it works: every item unlocks at its required player level and is bought with gold; anything can be sold back for the listed sell price. HP Potions & MP Potions are bought from Archmage Vesper's potion shop in the Apothecary. HP Meats & MP Cakes are bought from the Traveling Merchants Caravan (Aldric & Sera) at the tavern. The "Beyond 100" items at Levels 110/125/150 keep scaling for over-100 players — the Lv 150+ tiers scale infinitely with your level.

HP Potions — Archmage Vesper's Potion Shop, the Apothecary

Item	Lv Req	Price	Restores	Sell Back
Crimson Vitality Potion (Lv 1 HP)	1	10g	+60 HP	5g
Apprentice Vitality Draught (Lv 10 HP)	10	28g	+160 HP	14g
Adept Crimson Phial (Lv 20 HP)	20	60g	+290 HP	30g
Knight's Blood Flask (Lv 30 HP)	30	110g	+420 HP	55g
Highguard Life Elixir (Lv 40 HP)	40	180g	+560 HP	90g
Royal Crimson Tonic (Lv 50 HP)	50	280g	+720 HP	140g
Champion's Vitality Draught (Lv 60 HP)	60	420g	+900 HP	210g
Valorian Lifeblood Potion (Lv 70 HP)	70	600g	+1,100 HP	300g
Dragonheart Vitality Potion (Lv 80 HP)	80	850g	+1,320 HP	425g
Sovereign Crimson Nectar (Lv 90 HP)	90	1,150g	+1,560 HP	575g
Immortal Phoenix Draught (Lv 100 HP)	100	1,500g	+1,850 HP	750g
Ascendant Titan Vitality (Lv 110+ HP)	110	2,000g	+2,200 HP	1,000g
Celestial Sunblood Elixir (Lv 125+ HP)	125	2,700g	+2,650 HP	1,350g

Eternal Godblood Potion (Lv 150+ HP)	150	3,800g	+3,400 HP	1,900g

MP Potions — Archmage Vesper's Potion Shop, the Apothecary

Item	Lv Req	Price	Restores	Sell Back
Sapphire Arcane Potion (Lv 1 MP)	1	10g	+50 MP	5g
Apprentice Mana Draught (Lv 10 MP)	10	28g	+130 MP	14g
Adept Sapphire Phial (Lv 20 MP)	20	60g	+225 MP	30g
Spellweaver's Mana Flask (Lv 30 MP)	30	110g	+320 MP	55g
Highguard Astral Elixir (Lv 40 MP)	40	180g	+430 MP	90g
Royal Sapphire Tonic (Lv 50 MP)	50	280g	+550 MP	140g
Archmage's Mana Draught (Lv 60 MP)	60	420g	+690 MP	210g
Valorian Starlight Potion (Lv 70 MP)	70	600g	+840 MP	300g
Dragonmind Arcane Potion (Lv 80 MP)	80	850g	+1,000 MP	425g
Sovereign Sapphire Nectar (Lv 90 MP)	90	1,150g	+1,180 MP	575g
Immortal Aether Draught (Lv 100 MP)	100	1,500g	+1,400 MP	750g
Ascendant Void Mana (Lv 110+ MP)	110	2,000g	+1,680 MP	1,000g
Celestial Starwell Elixir (Lv 125+ MP)	125	2,700g	+2,000 MP	1,350g
Eternal Omniscience Potion (Lv 150+ MP)	150	3,800g	+2,600 MP	1,900g

HP Meats — Sera & Aldric, Traveling Merchants Caravan (Tavern)

Item	Lv Req	Price	Restores	Sell Back
Roast Chicken Drumstick (Lv 1 HP Meat)	1	10g	+65 HP	5g
Smoked Turkey Leg (Lv 5 HP Meat)	5	18g	+110 HP	9g
Spiced Beef Jerky (Lv 10 HP Meat)	10	28g	+165 HP	14g
Hearth-Roasted Pork Loin (Lv 20 HP Meat)	20	60g	+300 HP	30g
Black Pudding (Lv 25 HP Meat)	25	85g	+365 HP	42g
Golden Crust Pigeon Pie (Lv 30 HP Meat)	30	110g	+430 HP	55g
Crispy Honey-Glazed Duck (Lv 40 HP Meat)	40	180g	+580 HP	90g
Prime Rib Roast Beef (Lv 50 HP Meat)	50	280g	+740 HP	140g
Royal Roast Goose (Lv 60 HP Meat)	60	420g	+920 HP	210g
Spit-Roasted River Heron (Lv 70 HP Meat)	70	600g	+1,120 HP	300g
Smoked Duck & Goose Platter (Lv 80 HP Meat)	80	850g	+1,350 HP	425g
King's Beef & Pigeon Pie Feast (Lv 90 HP Meat)	90	1,150g	+1,600 HP	575g
Sovereign Heron & Prime Beef (Lv 100 HP Meat)	100	1,500g	+1,900 HP	750g
Ascendant Roast Goose & Pork (Lv 110+ HP Meat)	110	2,000g	+2,250 HP	1,000g
Celestial Duck, Heron & Beef (Lv 125+ HP Meat)	125	2,700g	+2,700 HP	1,350g
Eternal Royal Meat Banquet (Lv 150+ HP Meat)	150	3,800g	+3,500 HP	1,900g

MP Cakes — Sera & Aldric, Traveling Merchants Caravan (Tavern)

Item	Lv Req	Price	Restores	Sell Back
Strawberry Cream Cake (Lv 1 MP Cake)	1	10g	+55 MP	5g
Blackberry Honey Cake (Lv 10 MP Cake)	10	28g	+135 MP	14g
Blueberry Velvet Cake (Lv 20 MP Cake)	20	60g	+235 MP	30g
Raspberry Almond Cake (Lv 30 MP Cake)	30	110g	+330 MP	55g
Cherry Blossom Sweet Gateau (Lv 40 MP Cake)	40	180g	+445 MP	90g
Cranberry Sweet Cream Cake (Lv 50 MP Cake)	50	280g	+570 MP	140g
Elderberry Moonbeam Cake (Lv 60 MP Cake)	60	420g	+710 MP	210g
Strawberry & Blueberry Shortcake (Lv 70 MP)	70	600g	+860 MP	300g
Blackberry Marzipan Royal Cake (Lv 80 MP)	80	850g	+1,030 MP	425g
Triple-Berry Tiered Gateau (Lv 90 MP Cake)	90	1,150g	+1,210 MP	575g
Immortal Wildberry & Honey Torte (Lv 100 MP)	100	1,500g	+1,450 MP	750g
Ascendant Crystal-Berry Cake (Lv 110+ MP)	110	2,000g	+1,720 MP	1,000g
Celestial Strawberry & Blackberry Cake (Lv 125+)	125	2,700g	+2,050 MP	1,350g
Eternal Ambrosia Berry Cake (Lv 150+ MP Cake)	150	3,800g	+2,650 MP	1,900g

Totals: 14 HP Potions · 14 MP Potions · 16 HP Meats · 14 MP Cakes — 58 consumables in all. · November 23, 2026 · v4.06