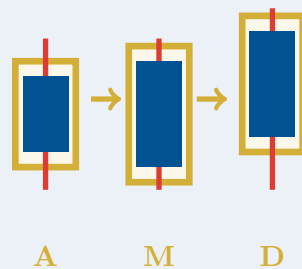




TIME-BASED

TRADING MASTERY

*The Complete Guide to Market Timing and Price Action
Mastery*



TRADESBYVEE
Author & Student



ROMEOTPT
Founder & CRT Creator

- ★ 80%+ Accuracy Trading Models
- 🕒 Time-Based Entry Mastery
- 🔍 Turtle Soup Pattern Expertise
- ≡ Multi-Timeframe Analysis
- 💰 Smart Money Concepts
- 🎓 Complete Mentorship System

♥ Stop scrolling and start profiting ♥
Master The Markets With Time-Based Trading

CRT INTERNAL SYSTEM • PREMIUM TRADING EDUCATION

🔒 CONFIDENTIAL MASTERY MATERIALS

© 2025 TradesbyVee

Based on the original Candle Range Theory (CRT)

Created by RomeoTPT • Written by TradesbyVee

This publication represents the combined wisdom of RomeoTPT's original
CRT framework

and TradesbyVee's extensive trading experience and teaching methodology.

Every concept has been tested and proven in live market conditions.

Disclaimer: This book is for educational purposes only. Trading carries risk.

Past performance is not indicative of future results.

To the relentless truth-seekers

To those who refuse to accept mediocrity,
who tirelessly search for market clarity,
and who understand that true mastery
comes not from shortcuts,
but from dedicated study and disciplined execution.

This is your roadmap.

Contents

1	The Foundation of Your Learning Journey	1
1.1	Purpose of the Book	1
1.2	Your Role as a Student	2
1.3	What This Program Is	2
1.4	What This Program Is Not	2
1.5	The Reality of Improvement	2
1.6	The Two-Way Street of Learning	2
1.7	The Power of Focus	3
1.8	Choose One Mentor and Commit	3
1.9	Final Words	3
2	The Importance of Time in Trading	5
2.1	Introduction	5
2.2	The Importance of Time	5
2.3	The Divisions of Time	7
2.4	Why should we care about Time?	8
2.5	Final Thoughts	9
3	What Is a Time-Based Model and Its Components	11
3.1	Introduction	11
3.2	What Is a Time-Based Model?	11
3.3	Understanding the Daily Candle	12
3.4	Weekly Candle Behavior	14
3.5	The Components of a Time-Based Model	14
3.6	The Trader Is the Edge	15
4	Time-Based Models in Action: The Wednesday Model	17
4.1	Introduction	17
4.2	Detailed Wednesday Model Example	18
4.3	How would one go about trading this model (with demo money)?	20

4.4	Market Profile and Rejection Blocks	22
5	Turtle Soup, Higher-Timeframe Flow & Price-Action Basics	25
5.1	Overview	25
5.2	The Central Truth	25
5.3	The 4-Step Learning Curve	26
5.4	Higher Timeframe Directional Bias	26
5.5	What is Turtle Soup?	27
5.6	Key Price-Action Elements	27
5.7	Ranges, Accumulation & Distribution	29
5.8	Reading a Real Setup	30
5.9	Wicks vs Bodies	30
5.10	Failed Order Block	31
5.11	Pre-Trade Checklist	32
5.12	Example Micro-Trade	33
5.13	Common Beginner Mistakes	34
5.14	Mini Glossary	34
5.15	Exercises	35
5.16	Quick Checklist (Keep on Screen)	35
5.17	Final Thought	35
5.18	Closing Note	35
6	Why 95% of Traders Fail (And How You Can Avoid It)	37
6.1	The Power of Focus	37
6.2	The Cycle of a Failing Trader	38
6.3	The System Is Perfect — You're the Variable	39
6.4	Order and Discipline	39
6.5	The Stages of the Ideal Trade	39
6.6	The Power of Patience	41
6.7	Do You Need a Trading Journal?	41
6.8	Final Words	42
	The Journey Continues...	43

Chapter 1

The Foundation of Your Learning Journey

Key Concept

These contents are not just lessons—they are a roadmap to trading mastery through disciplined learning and proper mentorship.

1.1 Purpose of the Book

This book explains the core framework of successful trading:

- How the time-based system works
- The teaching methodology and materials distribution
- Your role and responsibilities as a student
- The psychology of consistent profitability

Warning

I can give you the Holy Grail, Enigma, or even a 100% win-rate strategy, but if you do not play your part, none of it will matter. Without discipline, you will continue to fail—not because the system doesn't work, but because you didn't pay close attention to the markets.

1.2 Your Role as a Student

Get a **notepad** ready. Write down every single word. Later, you can filter key insights—but your first step is to listen and document everything. This is not entertainment; it is serious study.

1.3 What This Program Is

This is a **comprehensive study** designed to unlock new levels of understanding in **technical analysis**, focusing deeply on the **importance of time**—the core principle in mastering markets.

You'll gain a *look behind the curtain* into what successful traders truly represent, embody, and practice.

1.4 What This Program Is Not

This is not a “Holy Grail” for the lazy. It is not a pastime activity. It is not a random course filled with buzzwords.

This is **serious business**—backed by real results from myself and my students. The markets reward only those who are **diligent enough to study**.

1.5 The Reality of Improvement

Most people think joining a course is enough—that success will “figure itself out.” That is false.

- **Step One:** Joining shows initiative—it reflects your willpower to grow
- **Step Two:** Absorbing information requires discipline and consistency

If you start this journey, **finish it**.

1.6 The Two-Way Street of Learning

Education is a **partnership**. There is the teacher—and there is the student.

My role:

- Teach you to formulate your own trading model

- Show you what truly matters
- Reveal where most traders fail

Your role:

- Control your attention
- Avoid multiple information sources
- Stay focused on one system, one mentor, one direction

1.7 The Power of Focus

When you scroll through social media, be conscious of what you consume. Most information is noise—**filter it out**.

The more people you try to learn from, the less you'll actually learn. Scattered attention equals shallow understanding. Focused attention equals mastery.

1.8 Choose One Mentor and Commit

If you've chosen me, or anyone—**submit to that choice**. Submit to the process. Absorb the knowledge. Trust the structure.

In the end, you will **reap what you sow**.

1.9 Final Words

This program transforms **mindset, discipline, and technical understanding** into consistent profitability.

Approach it seriously, commit fully, and the markets will reward your diligence.

Chapter 2

The Importance of Time in Trading

Key Concept

Time precedes price. Every market decision is governed by the element of time, making it the true pillar of successful trading.

2.1 Introduction

In the previous chapter we talked on **Anticipation vs. Outcome** explored the gap between expectations and reality. Now we dive into the core pillar: **the importance of time**.

The debate continues: *Which is more important—time or price?*

Inexperienced traders prioritize price. Seasoned traders agree: **Time precedes price**. Whether "time" or "timing," every market decision is governed by time.

2.2 The Importance of Time

Trading Example

EURUSD Weekly Chart Example:

Trader **Ibrahim** bought at 1.05625 in June 2022 during a bearish market. Price declined 1,000 pips—significant loss.

A year later, trader **Barbara** bought at the *exact same price*—1.05625. This time, the market moved in her favor—profit.

The difference? Time. Barbara timed her entry correctly.



Figure 2.1: Ibrahim vs Barbara

Daily Candle Observation

Similarly, trader **Peter** bought at a price and profited. Trader **Adam** bought at the same price but lost.

Again, same price—different outcomes. Why? Peter understood timing; Adam didn't. Time is the hidden variable distinguishing success from failure.



Figure 2.2: Peter vs Adam



Figure 2.3: Peter and Adam's time difference

2.3 The Divisions of Time

The trading community underestimates time's layers. Some focus narrowly on small details, forgetting markets operate through multiple time cycles.

“And you have not been given of knowledge except a little.” — Quran

This reminds us to remain humble and open-minded.

Major Divisions of Time

Four primary divisions in trading analysis:

1. **Open, High, Low, Close (OHLC)** — 70% of time importance
2. **Daily or Periodic Ranges (EPDs)** — Gann cycles (20, 40, 60 days)
3. **Squares of Time and Price** — Symmetry in market cycles
4. **Time Cycles** — Repetitive timing intervals

We focus on **OHLC** as they shape most market structure.

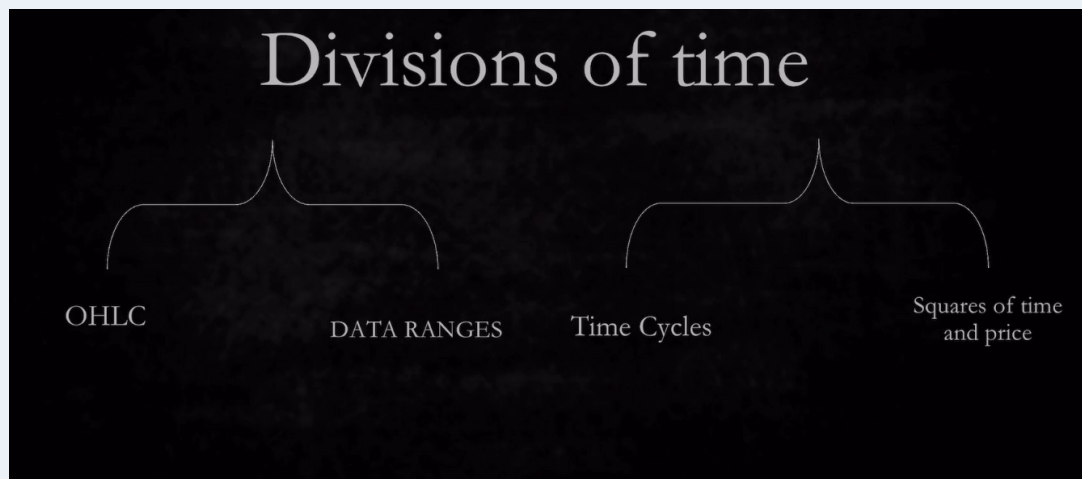


Figure 2.4: Market structure showing time divisions

2.4 Why should we care about Time?

1. Smart money operates by quarters, every turning point in the market is timed and predetermined beforehand.
2. All entry patterns are subject to time, a quick glance at the history of the charts will reveal the importance of time.
3. To trade without some knowledge of time is to trade blind.
4. You can deny it all you like, you can run all you like, but you will always come back and submit to Time before succeeding, it is the inevitable checkpoint before achieving consistent profitability.
5. Any win you achieve without knowledge of time is pure gambler's luck.

The Controlled Nature of Markets

Markets aren't random. Every movement is orchestrated and scheduled. Candlestick highs/lows occur at predetermined times.

Entry patterns are subjective to time. Recurring patterns always relate to time and liquidity.

Time and Liquidity Pools

Everything revolves around:

1. **Time**

2. Liquidity

Liquidity pools form at predictable times. Market makers engineer price movement according to the clock.

2.5 Final Thoughts

Time is more important than price.

You may resist this now, but every experienced trader agrees. Any win without time understanding is *gambler's luck*—short-term profit, never consistent success.

Next: **What is a Time-Based Model and Its Components.**

Chapter 3

What Is a Time-Based Model and Its Components

Key Concept

A time-based model depends on specific time windows, allowing traders to master predetermined periods and understand market rhythm with precision.

3.1 Introduction

Last chapter covered time's importance. Now we explore the **models** themselves—frameworks understanding time-market structure interaction.

This chapter covers:

1. What is a time-based model?
2. Components building a time-based model

3.2 What Is a Time-Based Model?

A **time-based model** depends primarily on a specific *time window*, operating within it to read price behavior.

Applications:

- Specific **monthly candle** of the year
- Specific **weekly candle** of the month
- Specific **daily candle** of the week

- Specific **hourly** session
- Specific **season** of the year

Mastering a time-based model means choosing one window and studying it with precision—understanding rhythm, range, and recurring behavior.

The Reality of Time Availability

Every trader's situation differs. Some have more chart time, others have jobs/family responsibilities.

Example: One student works full-time but masters one session daily. That's enough—because trading itself is time-based.

As long as charts move (not frozen weekends), you're dealing with time-based price behavior—better to understand the rhythm consciously.

3.3 Understanding the Daily Candle

Each daily candle contains six 4-hour candles. This is where **1–5–9** sequence originates—the structural heartbeat.

Once internalized, you'll realize "kill zones" are **customizable**. You can curate your own when understanding time structure within candles.

Understanding 1–5–9 gives real edge—understanding OHLC better than 90% of social media traders.

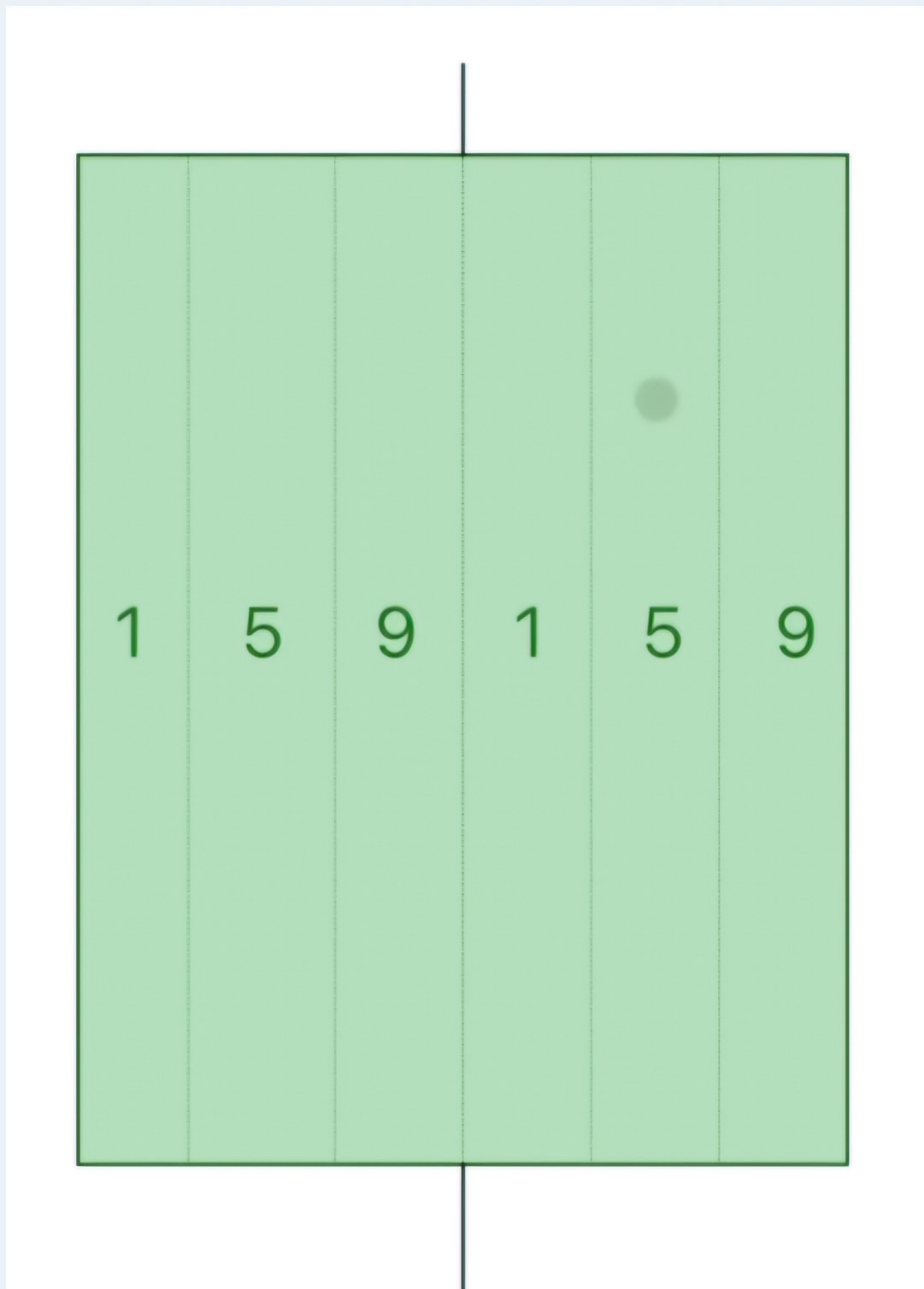


Figure 3.1: Example of the 1-5-9 candle structure

A Non-Conventional Kill Zone

Favorite non-conventional kill zone: **5 P.M. New York Time**. Study it deeply.

Roughly **10 high-quality day trades weekly**—two daily across five trading days.

Reverse-engineering my entries shows this principle.

25 good-quality setups weekly link to 1–5–9 rhythm. The 9 P.M. window often consolidates—markets spend 70% consolidating, 30% trending.

This **encapsulates data**: knowing exactly when to trade. Even one-two daily sessions yield exceptional results executed correctly.

3.4 Weekly Candle Behavior

Like daily candles, weekly candles have their own rhythm.

General rule: **Weekly low** usually forms Monday-Tuesday-Wednesday. **Weekly high** typically forms Thursday-Friday.

This pattern repeats consistently. Understanding this helps design **weekly profiles**—”Monday Low” or ”Thursday High” models.

Each week presents two key opportunities. Recognizing them eliminates price chasing.

Thinking Outside the Box

Critical point: A single daily candle (e.g., Wednesday) cannot form both weekly high *and* low simultaneously. This realization sharpens observation.

Dissect each word carefully. Nothing here is random. Everything deliberate. Understanding each trading day (NY midnight-midnight) brings new opportunities eliminates **FOMO**.

Every NY midnight births new alignment chances—essence of calm confidence trading.

The Bus Analogy

Think of setups as buses. Missing one means another comes. The 1–5–9 rhythm never changes. Embracing this eliminates impatience, builds discipline.

Mark levels. Grab coffee. If price hits level, execute. If not, study why—wait next bus.

True edge against uninformed money.

3.5 The Components of a Time-Based Model

Components helping **build** time-based models.

Trading progress happens in two stages. Most never pass Stage 1—or reach Stage 2 but get complacent.

Stage 1: Backtesting

Pick specific timeframe and backtest at least one year. Crunch numbers, observe recurring behavior, collect data.

I've backtested some models over 40–50 years historical data. If you can't dedicate one year serious data work, you're handicapping potential.

Backtesting trains eyes seeing patterns average traders miss.

Stage 2: Forward Testing

Once backtests show favorable results, move to **forward testing** 3-6 months. Experience live conditions and emotional discipline.

If results consistent, congratulations—you're about 49% done. Remaining 51% depends on you: mindset, patience, execution without deviation.

3.6 The Trader Is the Edge

Most important message: Everyone has information access. Free or paid, it's available.

So why do 95% still lose?

Because the true edge lies in the **trader**, not the strategy.

Wisdom choosing right mentor is an edge. Humility sticking with that mentor despite tone/personality is another edge.

Great teachers are often demanding—but results speak louder than demeanor.

Most traders jump between mentors/strategies, never mastering any. Digging in, refining understanding, staying consistent makes improvement inevitable.

You are the edge. But only if you choose to be.

Next: **In-depth example of favorite time-based models.**

Chapter 4

Time-Based Models in Action: The Wednesday Model

Key Concept

The Wednesday Model demonstrates how to build and trade time-based models using daily/weekly candle structures to capture high-probability expansion moves.

4.1 Introduction

This chapter demonstrates building/trading time-based models through the **Wednesday Model** depending on daily/weekly candles.

More time studying these charts means better understanding money flow and expansion.

Key Observation

81% chance weekly high/low forms between Sunday open and Tuesday London session.

70% chance Tuesday prints weekly high/low.

Many great technical analysis minds discuss this—it holds true.

Philosophical Reminder

“Once you eliminate the impossible, whatever remains, no matter how improbable, must be the truth.” — Arthur Conan Doyle

This inspired “The Possible Shapes of the Daily Candle” diagram—perfect classic **Buy** setup example.

Lesson

Anyone can trade, but focusing energy on expansion moments instead of ranges drastically improves results.

Simple model:

- Daily candle opens
- Hold until close
- Close on Thursday

Weekly low often forms Monday-Tuesday-Wednesday; opposite range end Thursday-Friday. Considering prior data, high chance Wednesday forms classic buy/sell candle aligned with weekly direction.

Buying below open and closing above it means success.

4.2 Detailed Wednesday Model Example

We're bullish higher timeframe, so pair with lower one. At open, price rallies—Judas swing forms, followed by turtle soup breakdown at key level. This signifies **Change in State of Delivery (CISD)**.

Higher timeframe sees market structure shift; lower sees breaker block confirming shift.

All secondary to **time**. These events typically occur during London/New York sessions—key opportunity windows.

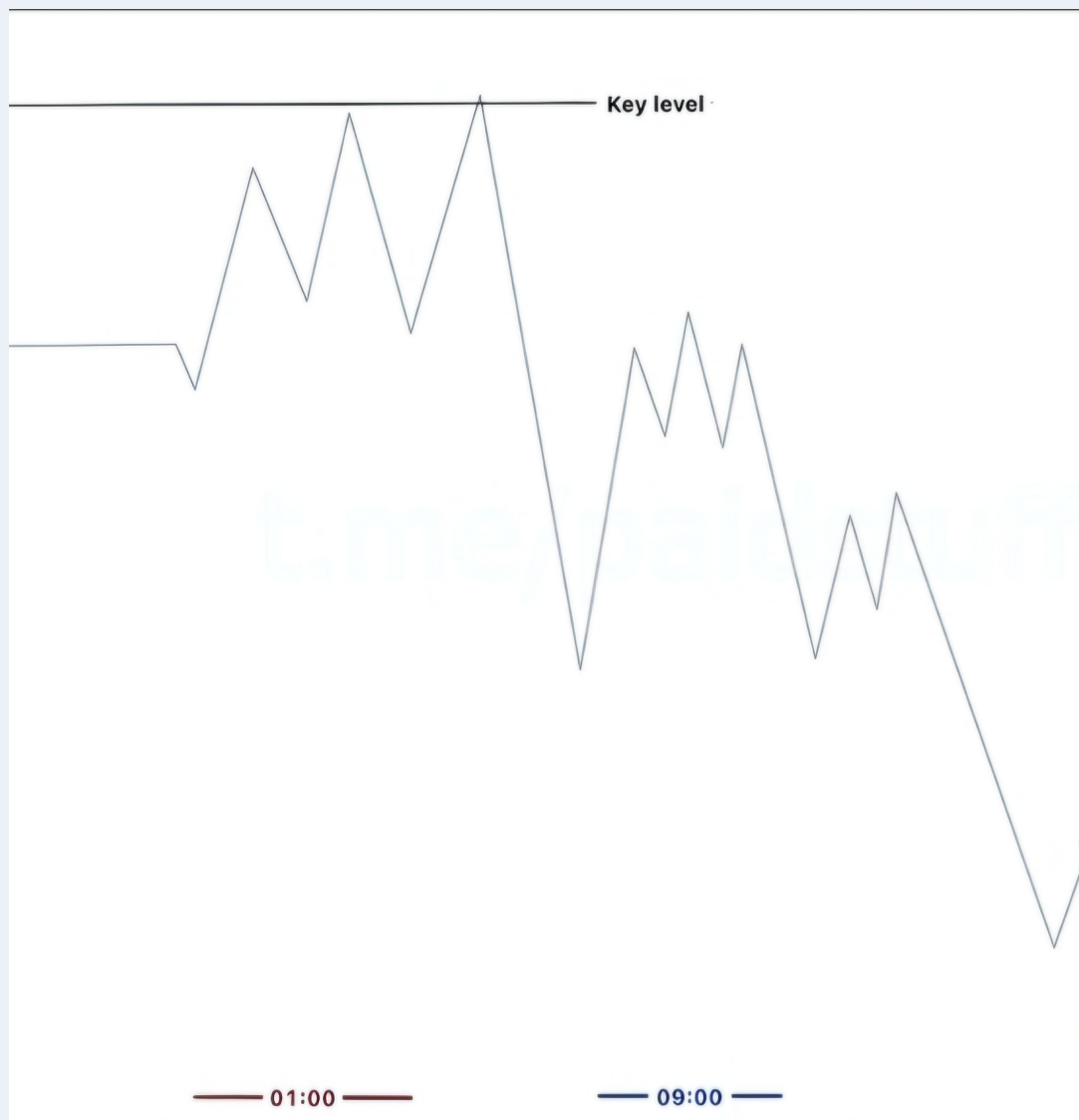


Figure 4.1: Line chart of Wednesday Model

Real Chart Example

At 5PM open, price declines to key level (previous low), retests, ranges. Market profile changes: breaking lows to breaking highs—delivery shift.

This isn't merely pattern—it reflects structural transformation.

When highs start breaking, market becomes bullish. Remember: candle bodies tell story, not wicks. Homework: try removing wicks—notice FVGs and Order Blocks tell true narrative through body structure.

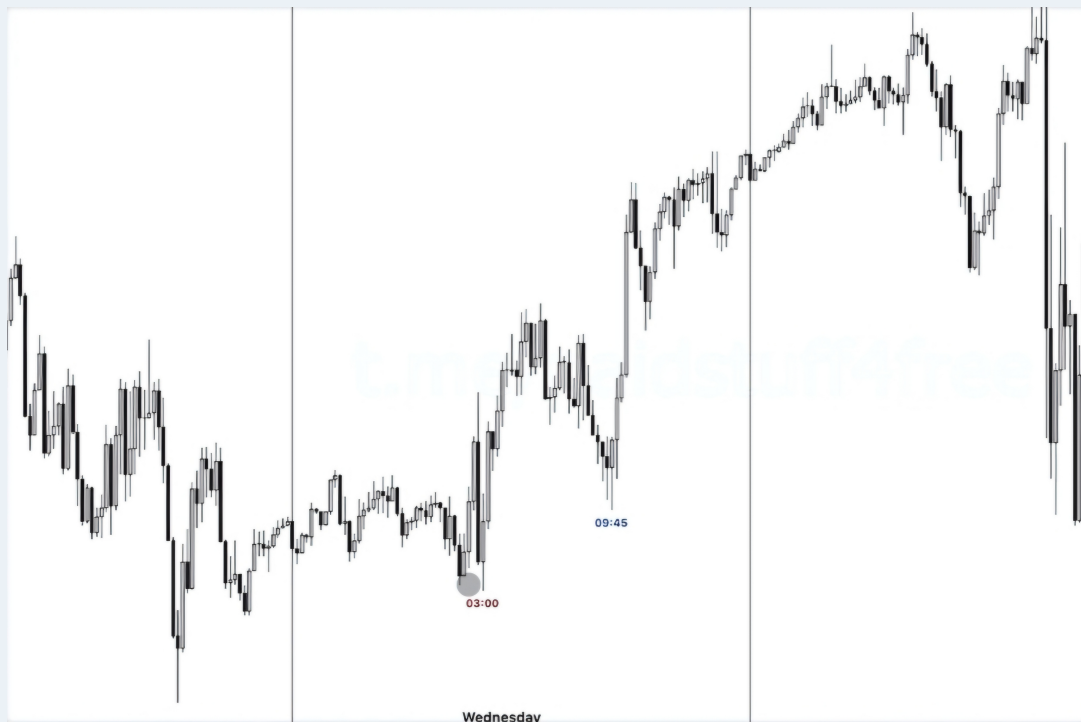


Figure 4.2: Real chart examples of Wednesday Model

Time-Based Turtle Soup

3AM crucial for turtle soup setups—many overlooked this recently. Manipulation often leads significant swing moves.

After manipulation comes expansion, retracement, re-expansion—accumulation, manipulation, distribution, continuation cycle.

4.3 How would one go about trading this model (with demo money)?

Observation: This teaches *analysis*, not *execution*. Execution comes later.

1. Determine higher timeframe directional bias and narrative
2. Mark midnight opening price and key levels
3. Identify CBDR and Asian range approximating candle high/low
4. Wait for protraction, then pattern forming below opening price
5. Journal observations—note what worked, failed, missed

Trading mastery is process. Initially complex like learning driving—becomes second nature with time.

Visual Logic

- Candle 1 forms base (Monday)
- Candle 2 takes Candle 1 low but doesn't close below (Tuesday)
- Candle 3 often retraces and expands (Wednesday)

This 3-candle sequence forms Wednesday Model core—timeless time-based trading structure.

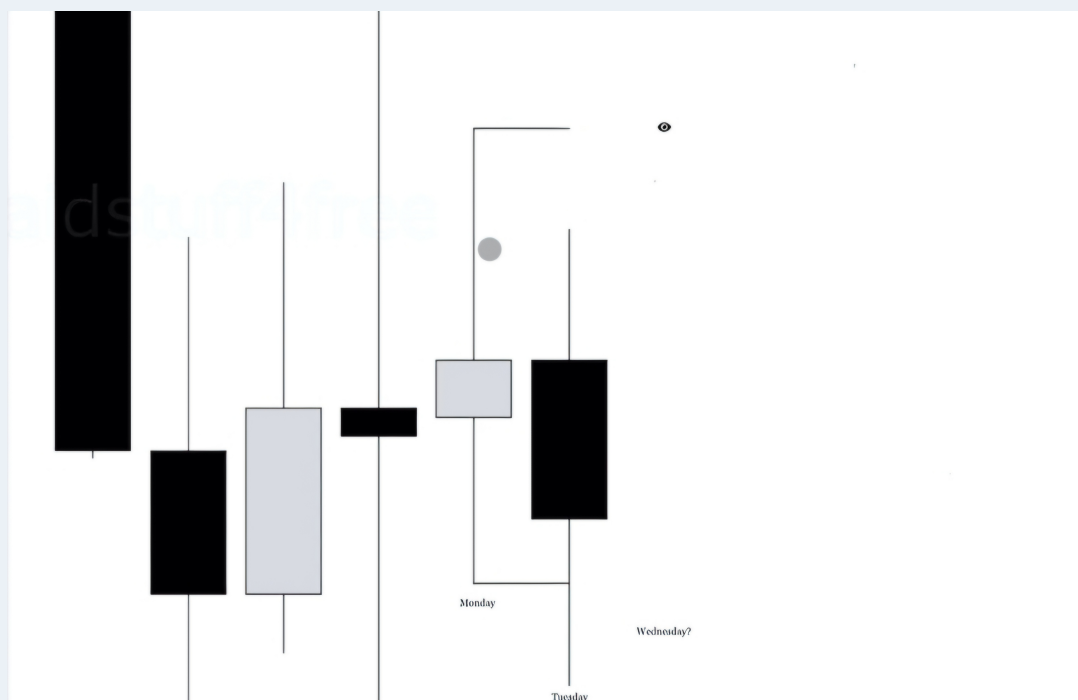


Figure 4.3: Determine HTF Directional Bias

4.4 Market Profile and Rejection Blocks

Rejection blocks with long/stubby wicks usually signal stop-hunting near swing highs/lows. Mark rejection block, note accumulation/manipulation occurrence.

One o'clock candle often creates low; nine o'clock candle often generates OTE—entry zone.

Price consolidates, expands, retraces, expands again. Each leg delivery phase: consolidation → expansion leg 1 → retracement → expansion leg 2.

Long-wick candle disrespected later serves as **Mitigation Model**. Traders perform mitigation—action of intent, not coincidence.

Extracting Directional Bias

If Monday forms low, Tuesday often takes it out but fails closing below. Implies Wednesday/Thursday will likely take Monday's high.

That's how bias forms—through structure, not guesswork.

When highs reject, signals smart money refusing breakout sponsorship—using that area for liquidity pairing.

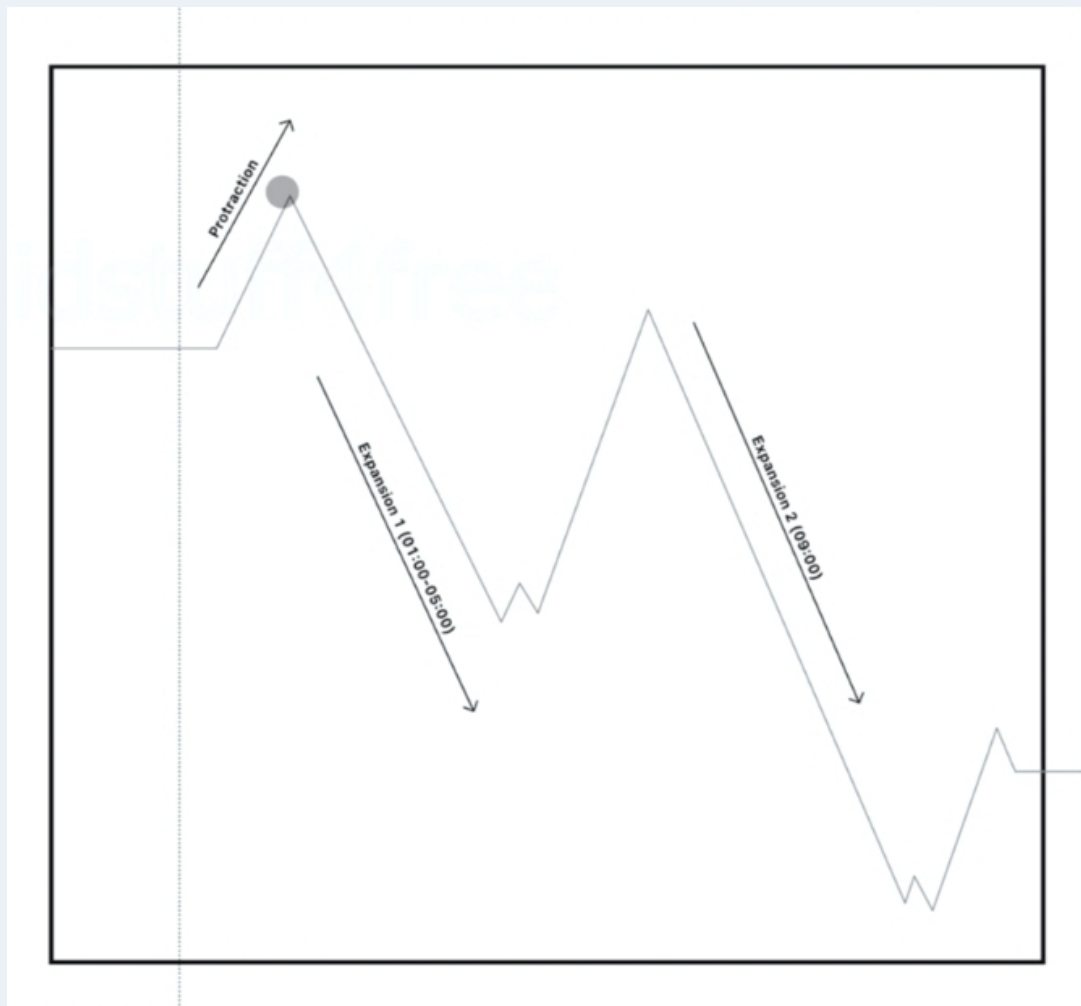


Figure 4.4: Directional Bias Extraction

Chapter Conclusion

Capturing just four such models monthly instead of chasing hourly candles means far more successful trading career.

Chapter 5

Turtle Soup, Higher-Timeframe Flow & Price-Action Basics

Intricacies and turtle soup details

This chapter explains the simple, powerful ideas behind *turtle soup*, higher-timeframe order flow, and the small price-action details that actually win trades. It's broken into short sections, with checklists and exercises. Read once, then reread — this chapter is dense but learnable.

5.1 Overview

This chapter covers:

- Why the higher timeframe matters.
- What Turtle Soup really is and why it works.
- How to read wicks vs bodies, order blocks, rejection blocks, and FVGs.
- The 4-step learning curve for analysis and execution.
- Practical checklists and example setups.

5.2 The Central Truth

If you ignore the higher timeframe direction, your turtle-soup setups will often fail. Trading the lower timeframe without checking the higher timeframe = trading distribution, not manipulation. That's why copying trades without understanding context usually fails — you weren't aligned.

5.3 The 4-Step Learning Curve

Every trader moves through these four stages:

1. **Receive** the information (learn the idea).
2. **Witness** it work on charts (see it live).
3. **Trade** what you witnessed (execute).
4. **Fix mistakes** (improve risk, entries, psychology).

Focus more on correcting mistakes than finding a "holy grail." Fixing execution wins trades.

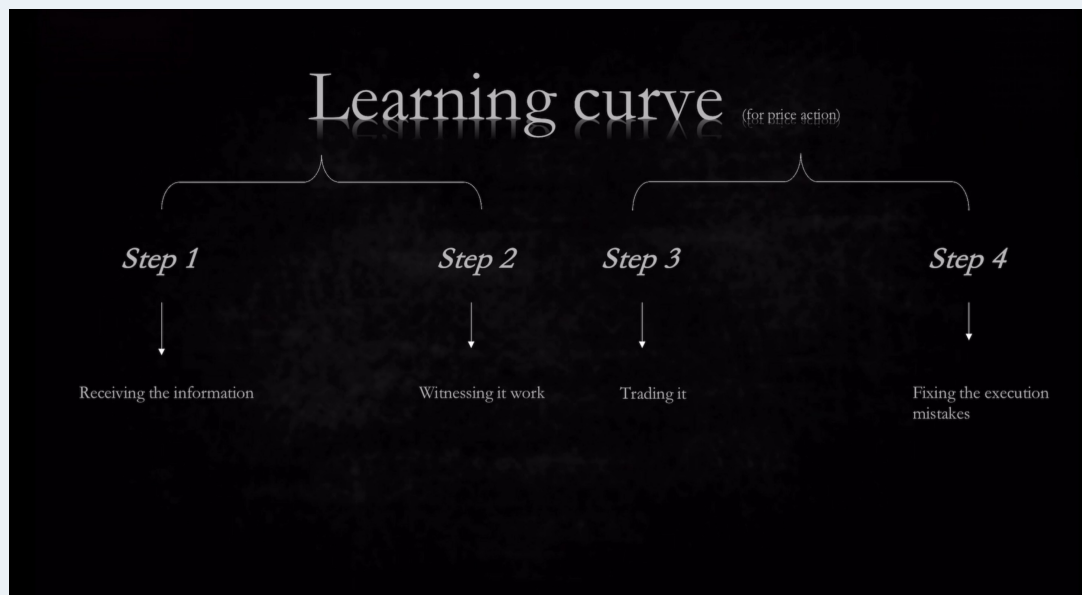


Figure 5.1: Learning curve progression

5.4 Higher Timeframe Directional Bias

When traders say "higher timeframe," they mean **Weekly or Monthly**, where large players act. A 5-minute chart may show a bullish turtle soup, but if the 4H is strongly bearish, that buy is low probability.

Rule: Avoid countertrend trades unless a clear higher-timeframe reason exists.

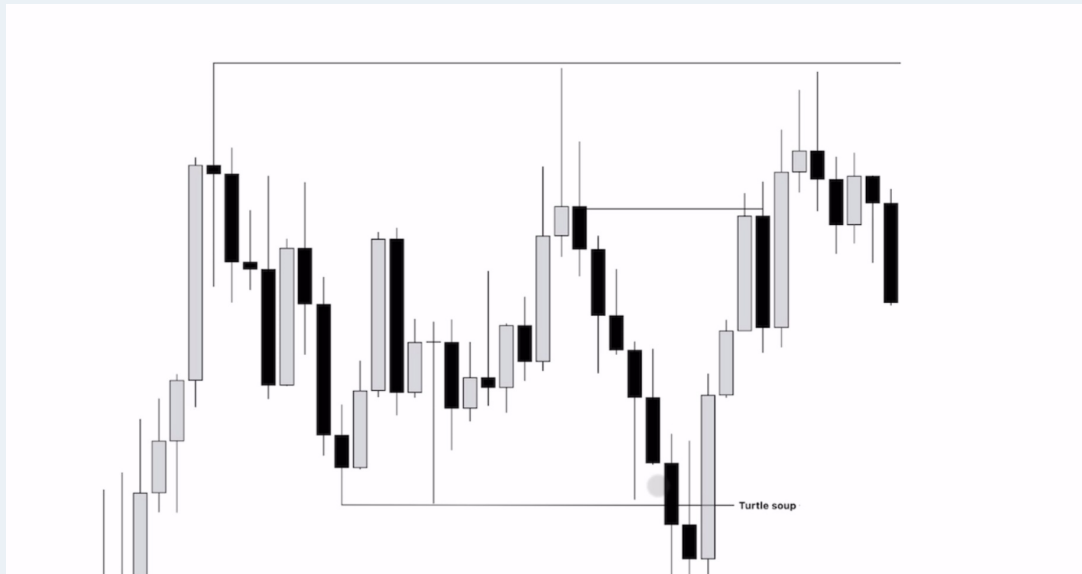


Figure 5.2: Higher timeframe chart example

5.5 What is Turtle Soup?

Turtle Soup = trap the retail stop-hunters by faking a breakout, then reversing. Look for false breaks of obvious lows/highs, then trade the reversal when price closes back inside. It works best in alignment with higher timeframe order flow, not against it.

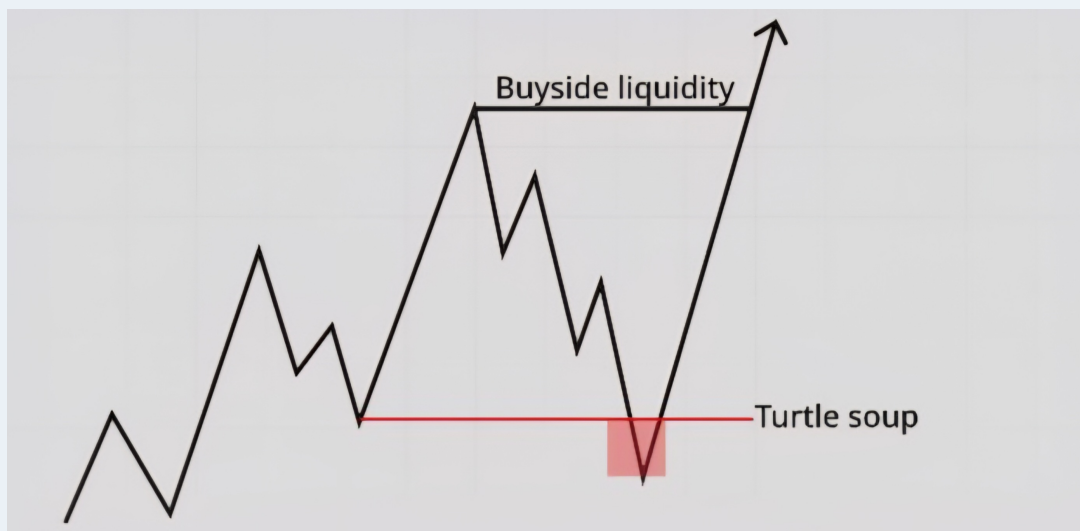


Figure 5.3: example of a turtle soup

5.6 Key Price-Action Elements

- **Order Block (OB):** A candle or cluster where smart money placed orders — identified by a strong move away.

- **Rejection Block:** Zone with large wicks showing price was rejected.
- **FVG (Fair Value Gap):** Gap between candles often filled later.
- **Close vs Wick:** A close above/below is a stronger signal than a wick.



Figure 5.4: example of an orderblock



Figure 5.5: orderblock continuation

Tip: Don't trade a bullish FVG in premium. Only buy in discount zones.

5.7 Ranges, Accumulation & Distribution

A **range** = accumulation. Price moves between a range low and high (20+ candles). Smart money accumulates positions here. A break above the range high = a change of state (bullish) until a higher timeframe key level says otherwise.



Figure 5.6: Range and trend analysis

5.8 Reading a Real Setup

1. Identify the higher timeframe bias (Weekly → Daily → 4H).
2. Find key levels (opens, highs, lows).
3. Drop to execution timeframe (5m or 1m). Look for:
 - Turtle soup / false break of low or high.
 - Confluence with FVG, breaker, or rejection wick.
 - Confirmation: close back inside (body close).
4. Entry: after bullish/bearish confirmation close.
5. Stop: below swing low (invalidates idea).
6. Target: next higher-TF confluence (range midpoint, high, OB).

5.9 Wicks vs Bodies

- Wick through a block + quick rejection = liquidity grab.
- Bodies that don't break = inefficiency fill expected.

Homework: Remove wicks in your charting tool and observe structure. You'll see cleaner supply/demand.

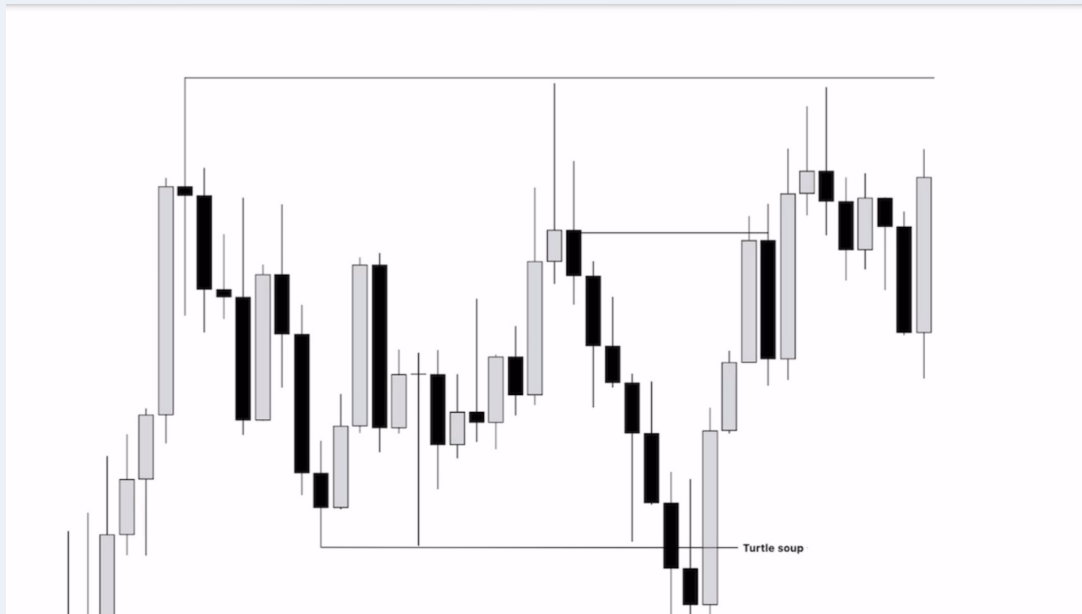


Figure 5.7: wick and body

5.10 Failed Order Block

A **failed order block** occurs when a bearish OB is taken out (price closes above it). This often leads to a strong rally toward the top of the failed block.



Figure 5.8: example of a failed orderblock which turned breakerblock



Figure 5.9: example of chart resting off a bullish breaker block



Figure 5.10: chart playing out

5.11 Pre-Trade Checklist

- Higher-TF bias marked?
- Higher-TF key level(s) marked?
- Turtle soup / false break visible?
- Close (body) confirms rejection?
- Logical stop and target?

If any answer is "no" or "I don't know," skip the trade.

5.12 Example Micro-Trade

- 1H bias: bullish.
- False break below 5m low (turtle soup).
- FVG in discount + rejection wick confluence.
- Bullish 1m close back inside range.
- **Entry:** on close of bullish candle.
- **Stop:** below wick low.
- **Target:** next 1H key level.

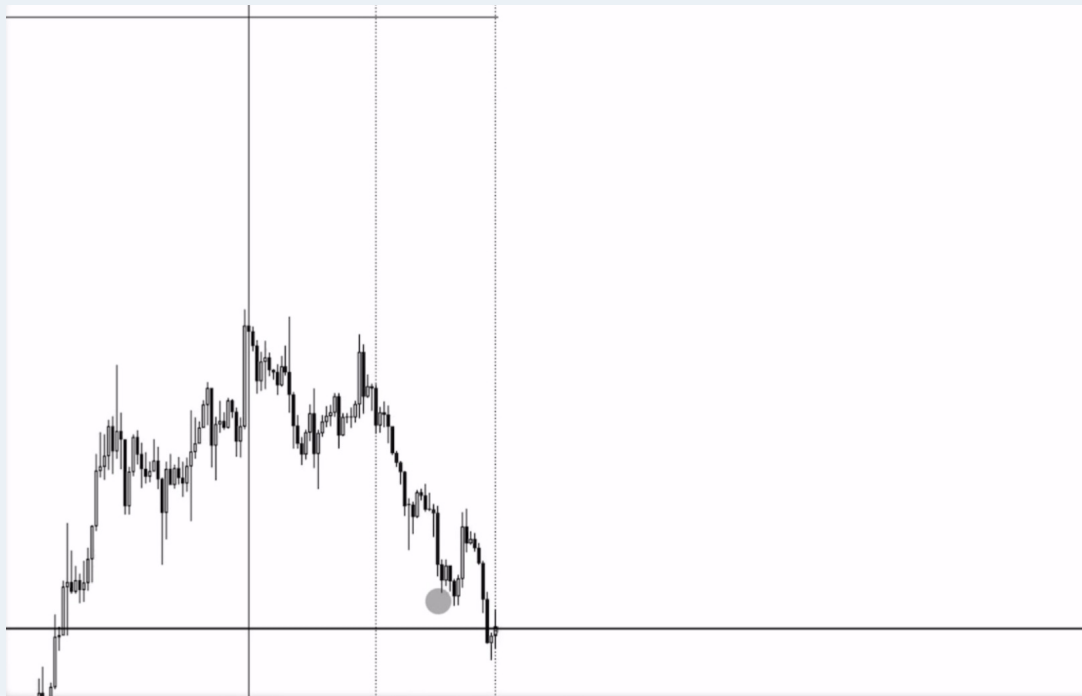


Figure 5.11: example of a micro trade



Figure 5.12: continuation

5.13 Common Beginner Mistakes

- Ignoring higher TF $\rightarrow$ always mark weekly/daily bias.
- Entering on wicks only $\rightarrow$ wait for body close.
- Changing strategies too often $\rightarrow$ master one.
- Searching new setups instead of fixing execution $\rightarrow$ review losses.

5.14 Mini Glossary

Turtle Soup: False break and reversal.

Order Block: Candlestick area where big players entered.

Rejection Block: Zone with strong wick rejection.

FVG: Gap that price often fills.

Higher-TF Key Level: Big Weekly/Monthly open, high, or low guiding the trend.

5.15 Exercises

1. Choose one market (e.g., EURUSD or XAUUSD). Mark Weekly/Daily bias.
2. Identify a 20+ candle range. Mark highs and lows.
3. Find one turtle soup aligned with 1H bias. Draw entry, stop, target.
4. Remove wicks. Observe structure change.
5. Replay one failed OB and note the rally.

5.16 Quick Checklist (Keep on Screen)

Higher-TF bias marked

Higher-TF key levels marked

Turtle soup confirmed

Body close confirmation

Logical stop & target

5.17 Final Thought

Every entry is someone else's exit. Know which side smart money is on by watching the higher timeframe flow — trade with that, not against it.

5.18 Closing Note

This chapter is dense — reread and do the exercises. Reverse-engineer live calls if you want to learn fast. Copy the process, not the outcome.

Good luck, and see you in Chapter 6.

Chapter 6

Why 95% of Traders Fail (And How You Can Avoid It)

Trader's Wisdom

"When you study how not to do the wrong thing, you naturally begin to do the right thing."

Introduction

Welcome to the final and most important chapter.

In the previous chapters, we explored price, structure, and execution. But none of that matters if you fail to master yourself.

This chapter explains why most traders fail — and how you can separate yourself from the 95% who quit.

The truth is simple:

Clichés exist for a reason — they have survived time because they hold truth. Many traders start with excitement and hope, but lose focus along the way.

Some of you will completely transform your trading. Some will coast by and move on.

If that's you — snap out of it. Refocus.

You already have the tools and the blueprint. All you need now is consistent focus.

6.1 The Power of Focus

One of the biggest killers of progress is having too many voices.

Avoid multiple sources of information. Choose one or two mentors at most, and make sure they are aligned in direction and philosophy.

When you chase too many systems, you end up mastering none.

Learning to trade is a process of **deep focus and self-study**. You will learn the most alone — quietly studying the charts, candle by candle.

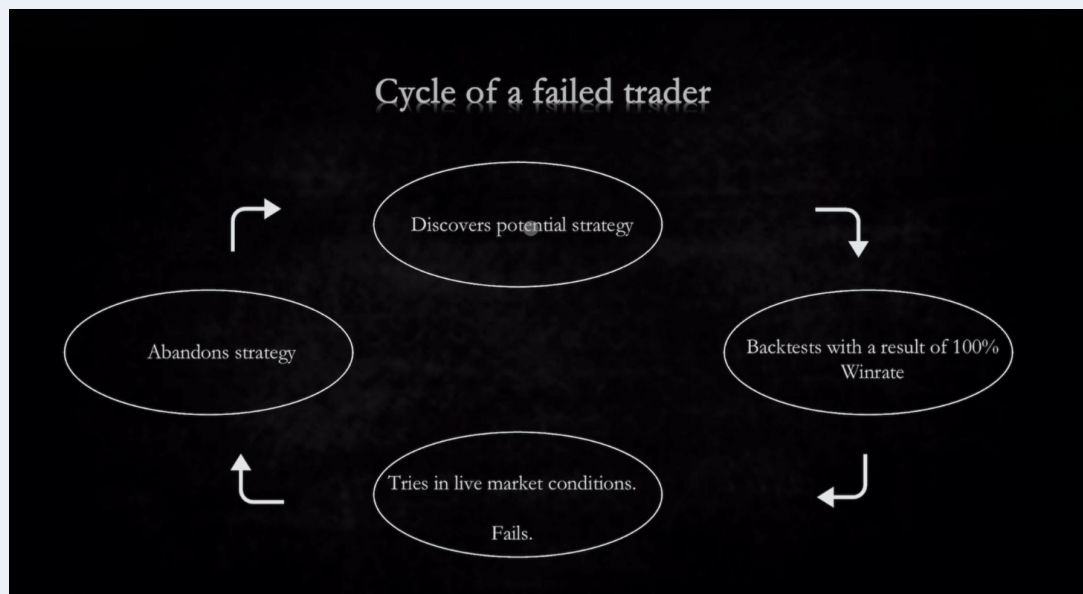


Figure 6.1: the cycle of failed trader

6.2 The Cycle of a Failing Trader

Let's examine the common cycle most traders experience:

1. **Discovery:** Finds a promising strategy or idea.
2. **Backtesting:** Gets impressive results — 80% to 100% win rates.
3. **Live Trading:** Market emotions appear; results change.
4. **Failure and Abandonment:** Assumes the strategy doesn't work and moves on.

Sound familiar? It's normal. But the **successful trader breaks the cycle** right here by asking:

“What did I do wrong?”

That question alone separates winners from the rest.

6.3 The System Is Perfect — You're the Variable

The market is consistent. Time and price are always in alignment. Sessions open and close the same way daily.

What's inconsistent is **you** — your emotions, focus, and discipline.

The market doesn't fail you. You fail to follow it.

Most trading mistakes are operator errors, not system flaws. Stop blaming the market. Stop trading out of boredom. Focus and execute with intent.

6.4 Order and Discipline

Your external world reflects your internal world.

If your room is messy, your mind is messy. If your routine is chaotic, your trading will be too.

Tip: Clean your room. Organize your workspace. Set a daily routine.

Even small acts of order build mental clarity — and that clarity shows up in your trading.

6.5 The Stages of the Ideal Trade

Most traders only focus on execution — pressing buy or sell. But the real work lies in planning and waiting.

Patience is the hardest skill to master yet the most profitable.

Great trades don't come every day. But when they do, they pay for all the waiting.

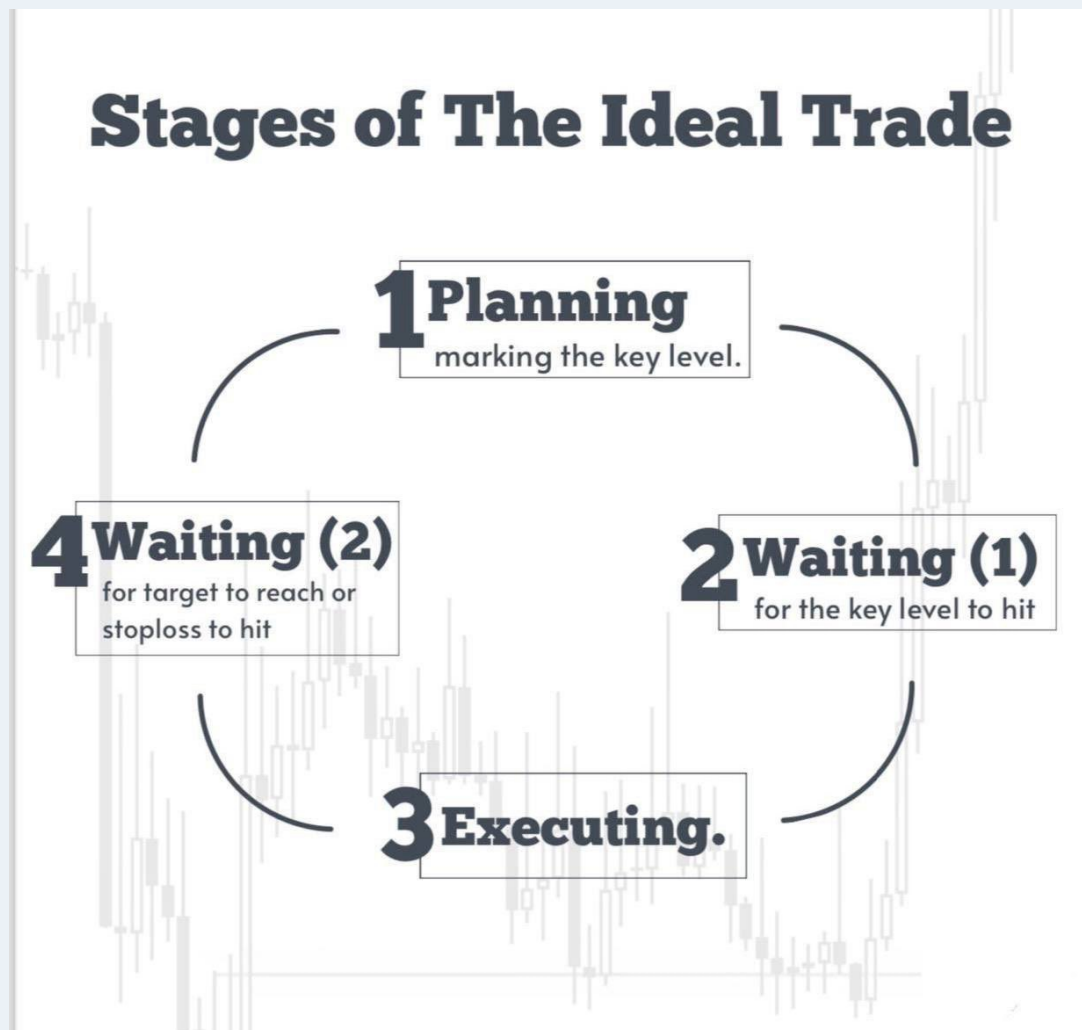


Figure 6.2: The Stages of the Ideal Trade

Mistakes the neophyte will commit in each stage

1 Planning marking the key level.

- Lacking the technical knowledge to plot the correct level.
- Feeling the impulse to trade = forcing a key level.

2 Waiting (1) for the key level to hit

- Entering before level reached due to impulsiveness because you saw someone on twitter taking a trade.
- Being afraid to execute when level is reached (Fear)

3 Execution

- Doubting the idea due to lack of experience.
- Opening 1000 lots with 1 pip stoploss due to greed.
- Risking too much trying to recover a recent loss streak (emotion).
- Risking too much because you were winning last week so this week will be the same (it won't)
- Not knowing where to put the stoploss (you put it and it gets hit)

4 Waiting (2) for target to reach or stoploss to hit

- Closing trade too early due to lack of experience (Fear)
- Not exiting when showing signs of weakness. (Greed)
- Moving stop to BE too quick (Fear)
- Not moving stop to BE when appropriate.
- Opening a scalp and turning it into a swing (Greed)

6.6 The Power of Patience

Patience isn't just waiting — it's waiting with intention. It's holding your setup until all your conditions align. It's understanding that **no setup today** means **no trade today**, and that's okay.

Never judge a move or a candle at first glance. Always think deeper — what is the bigger story?

6.7 Do You Need a Trading Journal?

Absolutely.

Every professional trader I know — from retail to institutional — keeps a trading journal. Whether it's a notebook, spreadsheet, or software, journaling helps you:

- Record your trades
- Identify recurring mistakes
- Track emotional states
- Notice patterns of success

Without data, you're guessing. With data, you're improving.

6.8 Final Words

I've given you the sword — the knowledge, the system, and the tools. Now it's your turn to wield it with discipline.

Your edge lies not in the setup, but in your consistency.

Keep your focus narrow. Keep your space clean. Keep your journal honest.

The difference between those who win and those who quit is simply — patience.

The Journey Continues...



Trader's Wisdom

"The end of this book is just the beginning of your trading mastery."

What's Next?

You now possess the knowledge that separates consistent traders from the 95% who fail. But knowledge without action is meaningless. Here's your path forward:

- **Re-read this book** - True mastery comes from repetition
- **Focus on one concept at a time** - Don't try to implement everything at once
- **Join our community** - Connect with other serious traders
- **Practice consistently** - Daily study beats occasional marathon sessions
- **Trust the process** - The markets will test your patience and discipline

Final Words from Your Mentors

TradesbyVee

Author & student

"I've given you the sword - now wield it with discipline. Your success depends not on finding new strategies, but on mastering the ones you already have."

RomeoTPT

Founder & CRT Creator

"The markets speak a language of time and price. You now understand this language. Speak it fluently, and the markets will reward you abundantly."

 **READ • PRACTICE • EXECUTE •
PROFIT**

Connect With Us:

 @TradesbyVee  @RomeoTPT

Until we trade together again...